



Club President - Stewart Forbes

## Open 10 mile Time Trial Saturday 17<sup>th</sup> June 23

Course G10/97

For TT and Road Bikes

### *Incorporating National Youth Championship (London South DC Heat)*

**Event Secretary:**

Stewart Forbes

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Tel: 01403 756271 (or 07745 536779 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

### **HQ**

#### Steyning Centre

Fletcher's Croft  
Steyning  
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available.

Free till 09:00 then pay and display (or Horsham annual parking disc), or park in road by church for free.

Numbers at HQ only. After the event please return your race number to the HQ and complete the sign-out sheet.

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to start:

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

## Please note the following CTT regulations and recommendations

CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to **the rear** of their machine a **working rear red light**, either flashing or constant as well as a **working front white light** that is illuminated and in a position that is clearly visible to other road users.

**Helmets:** CTT regulations require the compulsory use of helmets that meet internationally accepted safety standards.

**London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.**

**Audio Equipment:** Competitors must not use ANY audio equipment except prescribed hearing aids. N.B. A competitor in breach of this regulation shall be disqualified.

N.B. Competitors must not use a mobile phone while mounted on their machine.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

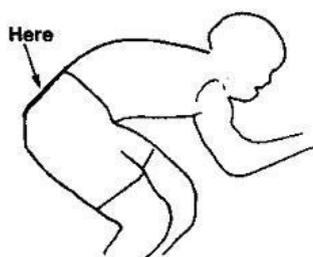
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is correctly placed for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

Please remember that the riders you catch during the race will not be aware of your presence until you are actually passing them, so please give them sufficient space as you go by.

## Road Bikes 10 - Order of Start

No.	start_time	firstname	lastname	machine	club	gender	category	age_on_day
1	07:01:00	Darren	Humphrey	Road Bike	Sussex Revolution Velo Club	Male	Veteran	43
2	07:02:00	Robert	Royle-Evatt	Road Bike	Addiscombe CC	Male	Veteran	55
3	07:03:00	Steve	Coombs	Road Bike	Sussex Revolution Velo Club	Male	Veteran	42
4	07:04:00	Sean	Yates	Road Bike	East Grinstead CC	Male	Veteran	63
5	07:05:00	Aaron	Carolan	Road Bike	Sussex Revolution Velo Club	Male	Senior	39
6	07:06:00	Jonathan	Baker	Road Bike	VTTA (Surrey/ Sussex)	Male	Veteran	51
7	07:07:00	Olly	Thomas	Road Bike	Sussex Revolution Velo Club	Male	Senior	37
8	07:08:00	Nik	Allen	Road Bike	Team TMC	Male	Veteran	51

## National Youth Championships London South DC Heat

No.	start_time	firstname	lastname	machine	club	gender	category	age_on_day
10	07:10:00	Noah	Wheller	TT Bike	Preston Park Youth Cycling Club	Male	Juvenile	14
11	07:11:00	Luca	Gasco	Road Bike	Preston Park Youth Cycling Club	Male	Juvenile	14

## TT Bikes 10

No.	start_time	firstname	lastname	machine	club	gender	category	age_on_day
14	07:14:00	Katie	Simmonds	TT Bike	Horsham Cycling	Female	Senior	30
15	07:15:00	Vic	Haines	TT Bike	Old Portlians CC	Male	Veteran	74
16	07:16:00	Robin	Johnson	TT Bike	Brighton Mitre CC	Male	Veteran	75
17	07:17:00	Daniel	Quinn	TT Bike	South London Harriers	Male	Veteran	43
18	07:18:00	Scott	Bartha	TT Bike	Brighton Excelsior CC	Male	Veteran	48
19	07:19:00	Tim	Peters	TT Bike	Horsham Cycling	Male	Veteran	50
20	07:20:00	Lucas	Houghton	TT Bike	Team TMC	Male	Junior	17
21	07:21:00	Mike	Boyce	TT Bike	...a3crg	Male	Veteran	67
22	07:22:00	Christian	Yates	TT Bike	East Grinstead CC	Male	Veteran	60
23	07:23:00	Peter	Phipps	TT Bike	...a3crg	Male	Veteran	63
24	07:24:00	Augustus	Harris	TT Bike	Southborough & Dist. Whs	Male	Juvenile	15
25	07:25:00	Kevin	Plummer	TT Bike	Team TMC	Male	Veteran	58
26	07:26:00	Martin	Tickner	TT Bike	Horsham Cycling	Male	Veteran	41

27	07:27:00	David	Pollard	TT Bike	VTTA (Surrey/ Sussex)	Male	Veteran	66
28	07:28:00	Ferenc	File	TT Bike	Horsham Cycling	Male	Senior	37
29	07:29:00	Paul	Tippett	TT Bike	Crawley Wheelers	Male	Veteran	49
30	07:30:00	Simon	Church	TT Bike	trainSharp	Male	Veteran	57
31	07:31:00	Lewis	Reeves	TT Bike	Horsham Cycling	Male	Senior	31
32	07:32:00	Tom	Houghton	TT Bike	Team TMC Backstedt Bike Perform' Junior	Male	Veteran	51
33	07:33:00	Luke	Goodwill	TT Bike	RT	Male	Junior	17
34	07:34:00	Conall	Yates	TT Bike	VTTA (Kent)	Male	Veteran	42
35	07:35:00	Cris	Coxon	TT Bike	Brighton Mitre CC	Male	Veteran	46

## Open 10 mile Time Trial Saturday 17<sup>th</sup> June 2023

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**OFFICIAL TIMEKEEPERS Peter Delve & Jim Kerr**

### Prizes TT Bikes

<b>1<sup>st</sup> on actual time</b>	<b>£30</b>	
<b>2<sup>nd</sup> on actual time</b>	<b>£20</b>	
<b>3<sup>rd</sup> on actual time</b>	<b>£10</b>	
<b>Fastest Lady</b>	<b>£20</b>	
<b>Fastest Team of 3</b>	<b>(all events count)</b>	<b>£10 each</b>
<b>Juniors &amp; Juveniles</b>	<b>(all events count)</b>	
<b>1<sup>st</sup> Under 18 (JUN/JUV)</b>	<b>£20</b>	
<b>2<sup>nd</sup> Under 18 (JUN/JUN)</b>	<b>£15</b>	
<b>3<sup>rd</sup> Under 18 (JUN/JUV)</b>	<b>£10</b>	

### Prizes Road Bikes

<b>1<sup>st</sup> on actual time</b>	<b>£20</b>
<b>2<sup>nd</sup> on actual time</b>	<b>£10</b>

(Only one prize per rider except for Team Prize)

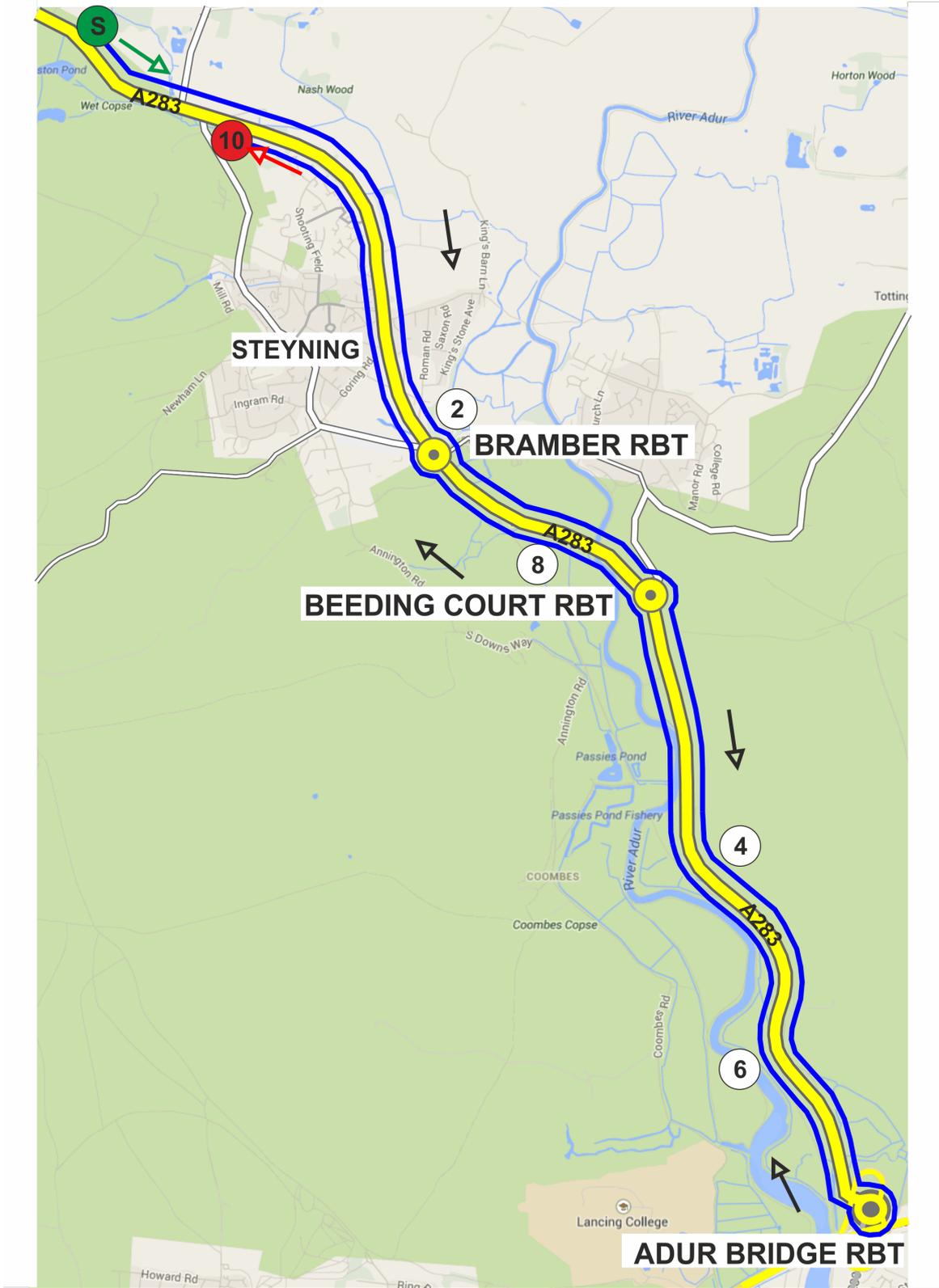
See <https://london-south.ctt.org.uk/> for CTT details for Sussex/Surrey and the local area, including Open and Club

TT's.

<b>COURSE DIRECTIONS – G10/97</b>	<b>MILES</b>
START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham where turn (CHECK)	5.41
Take fourth exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of “Public Bridleway” sign and 271 yards before left turn into Steyning	10.00

Link to Garmin Connect version of the course map [G10/97](#)

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